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HIV and Viral Hepatitis: Challenges of Timely Testing and Care

# Indicator condition based HIV testing in Estonia

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# Executive summary

Indicator condition based HIV testing is low in Estonia

Men and younger people are tested more

No increase in testing since the development of  
HIV testing guidelines

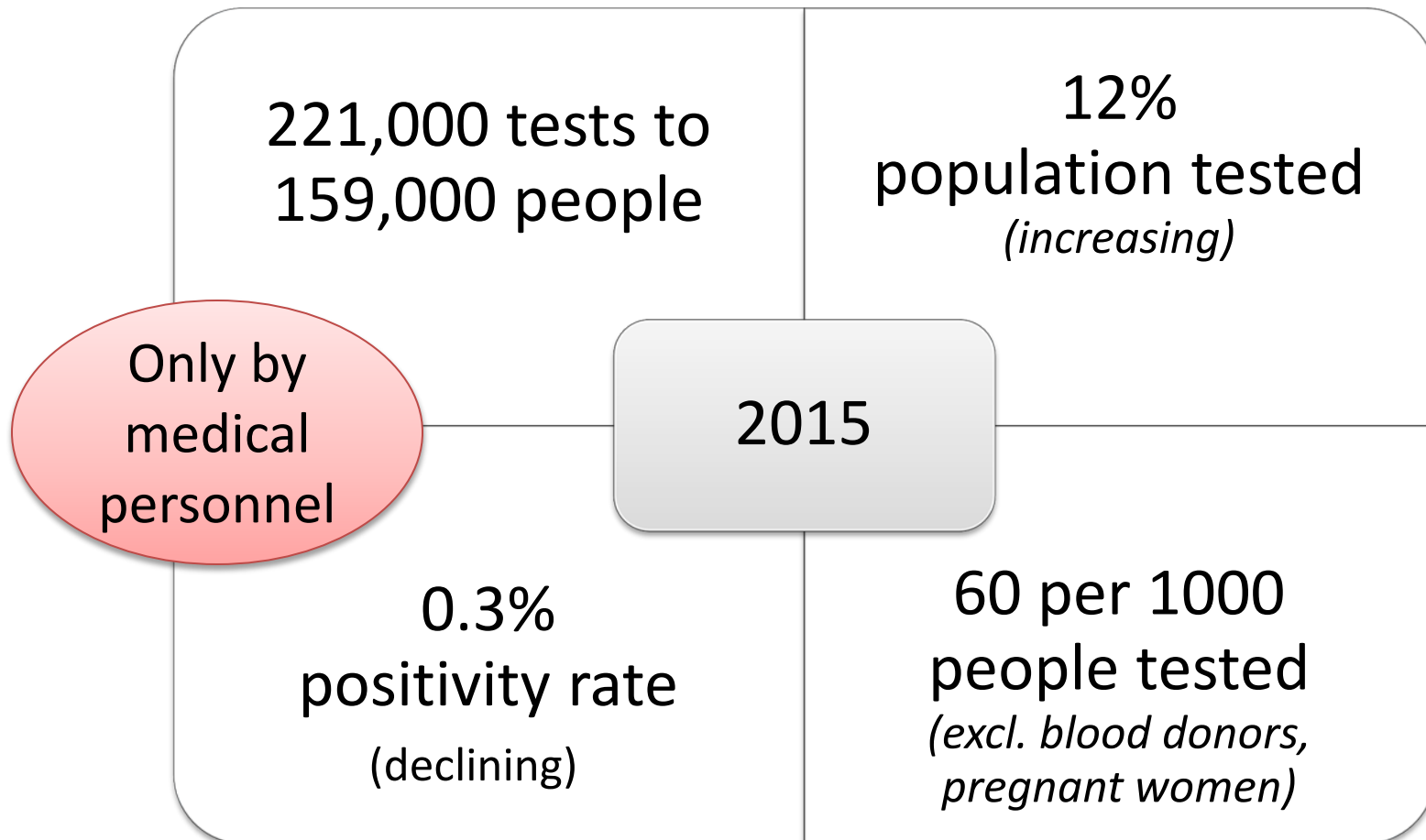
# New HIV diagnoses

17.6 per 100,000 (n=229) (2016)

nr ↓ - mean age ↑ - 40% women  
heterosexual transmission ↑

60% have CD4 < 350, median CD4 = 310 (2015)

# HIV testing in Estonia



# Guidelines

1. National HIV testing guidelines (2012)
2. Universal HIV testing in primary care in 2 epidemic regions (2015)
3. HIV testing in IC guidelines:
  - Viral hepatitis ✓
  - STIs ✓
  - Pneumonia (✓)
  - Herpes zoster ?
  - Infectious mononucleosis ?

# Indicator conditions

1. TB
- 2. STIs**
3. Lymphoma
4. Kaposi's sarcoma
5. Cervical, anal cancers
- 6. Herpes zoster**
7. Disseminated herpes simplex
- 8. HBV, HCV**
- 9. Infectious mononucleosis**
10. Unexplained leukopenia, thrombocytopenia
- 11. Recurrent pneumonia**
12. Generalized seborrheic dermatitis
13. Generalized fungal infections
14. Generalized infectious warts and mollusks

# Analysis

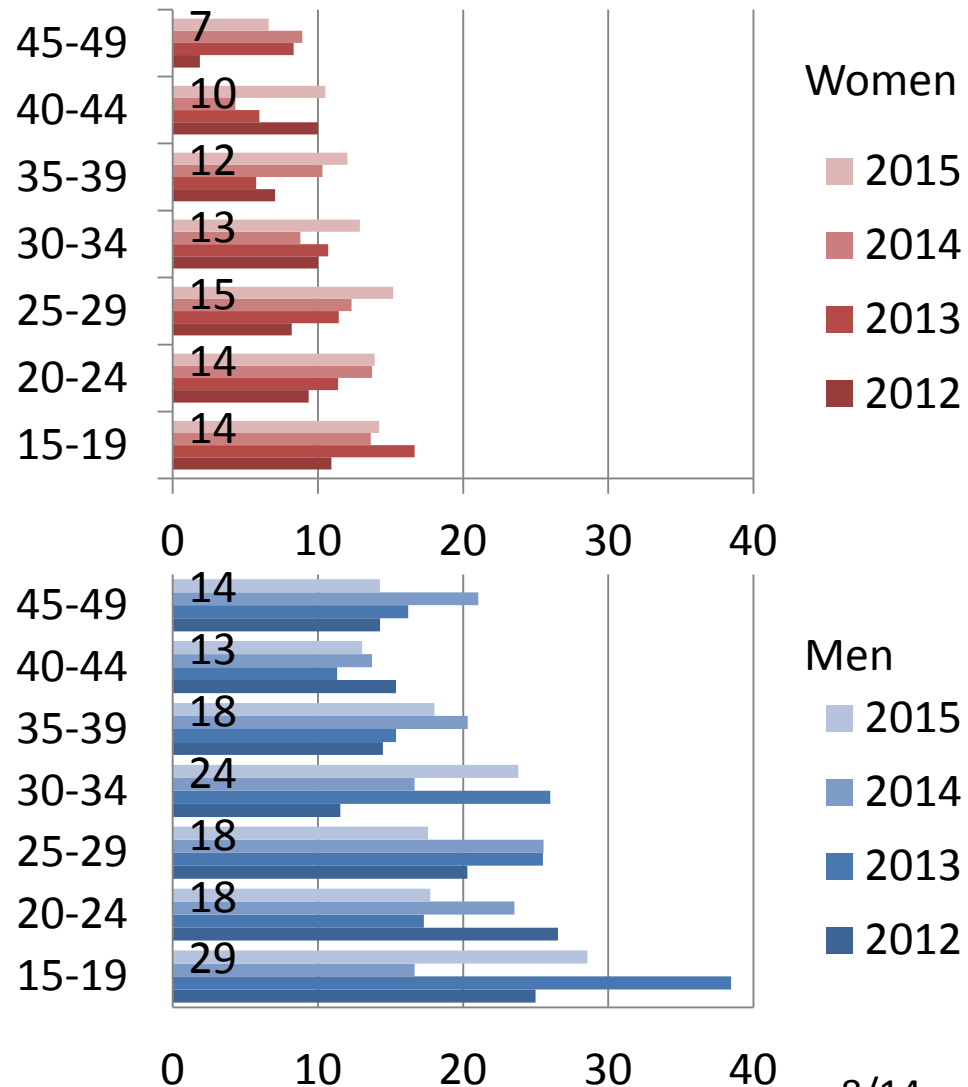
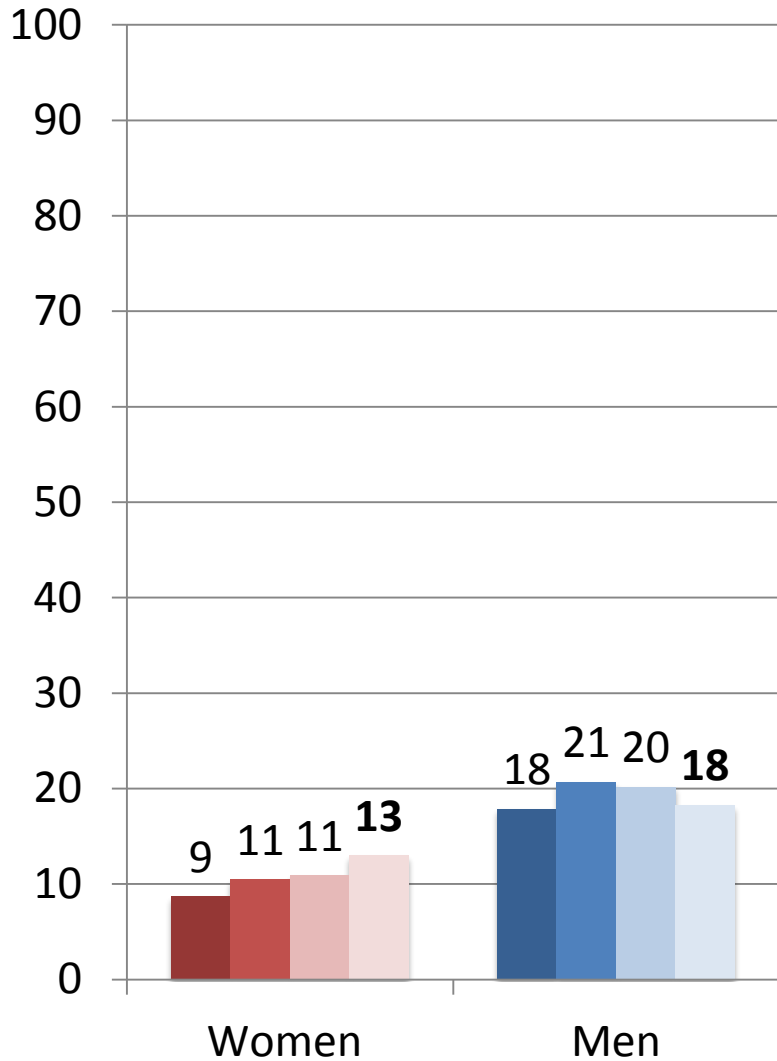
## Data extraction

- Estonian Health Insurance Fund
- Based on nr of people
- 15 - 49 yo
- 2012 – 2015
- Included:  
in- and outpatient care,  
primary, specialist care
- Excluded:  
palliative care, dentistry

## Indicator conditions (ICD-10)

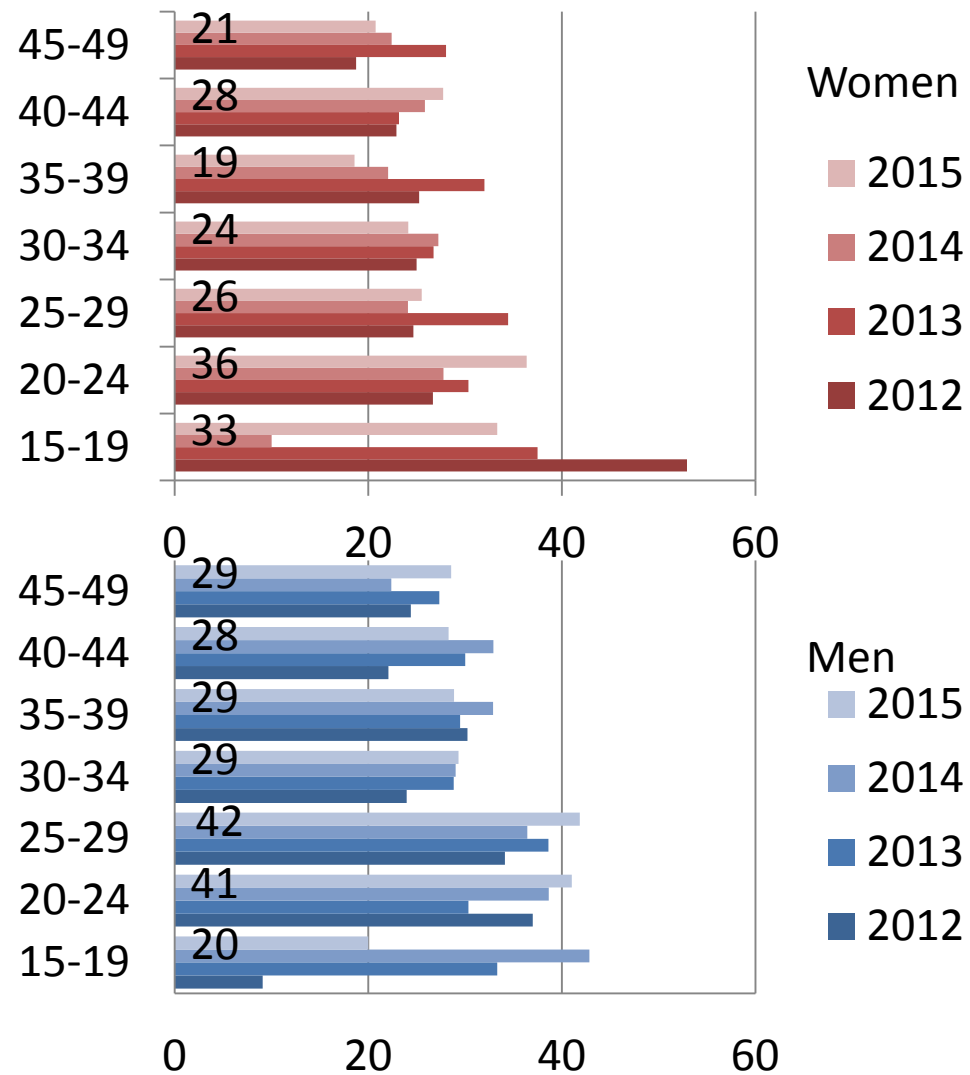
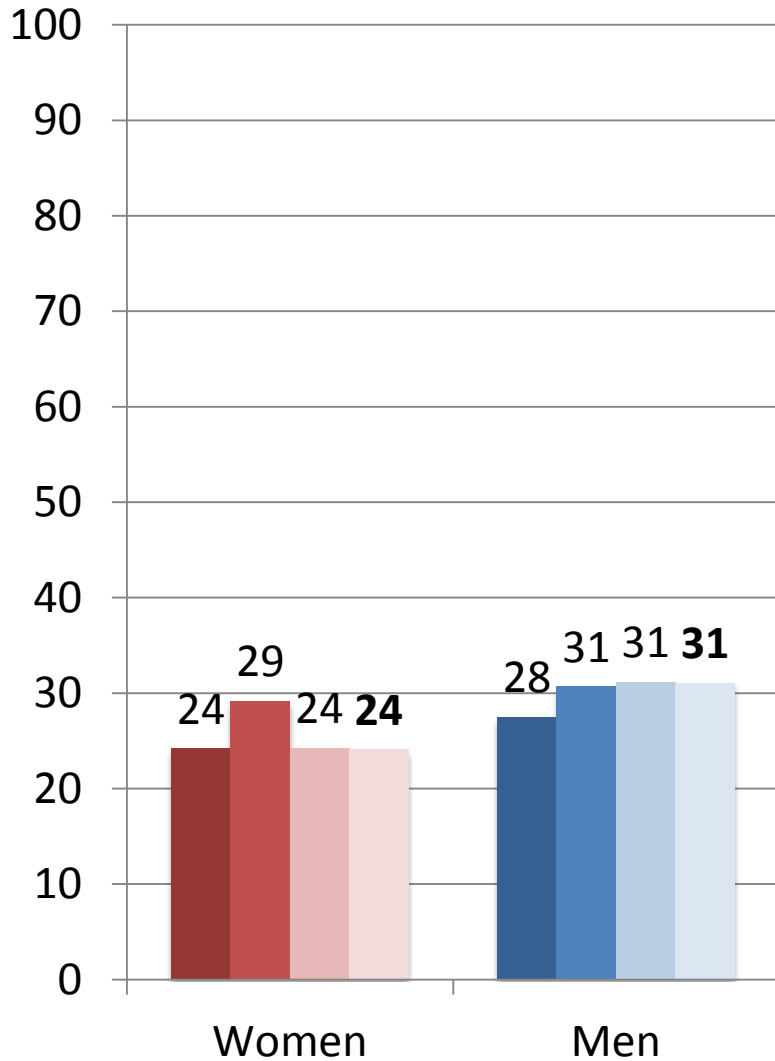
1. Pneumonia (*J12 - J18*)
2. Infectious mononucleosis (*B27*)
3. Viral hepatitis (*B16 - B18*)
4. Herpes zoster (*B02*)
5. STIs
  - Syphilis (*A51 - A52*)
  - Gonorrhoea (*A54*)
  - Chlamydia (*A56*)
  - Trichomoniasis (*A59*)
  - Genital herpes (*A60*)

# STIs (% HIV tested)

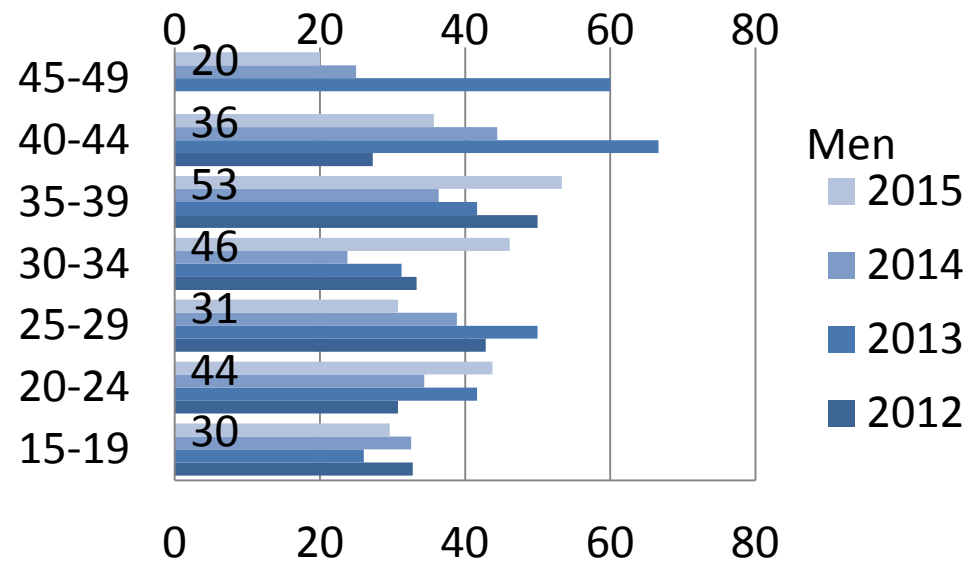
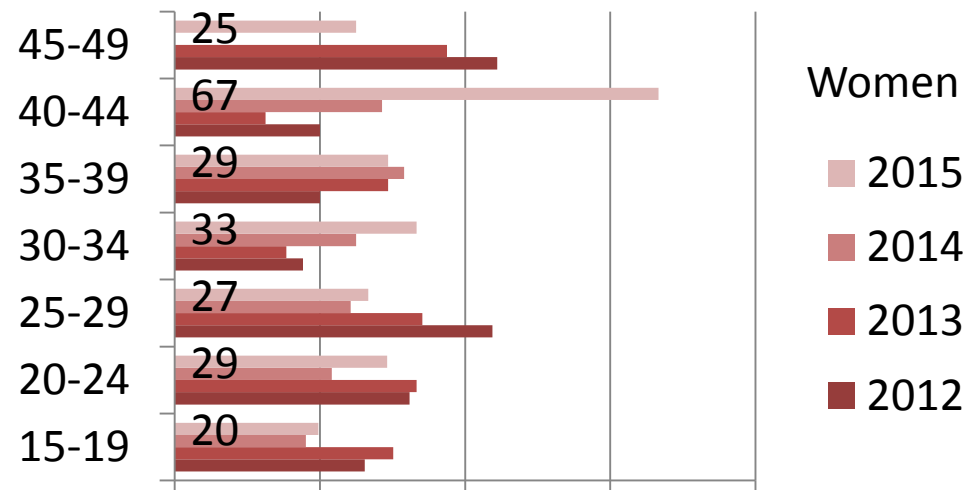
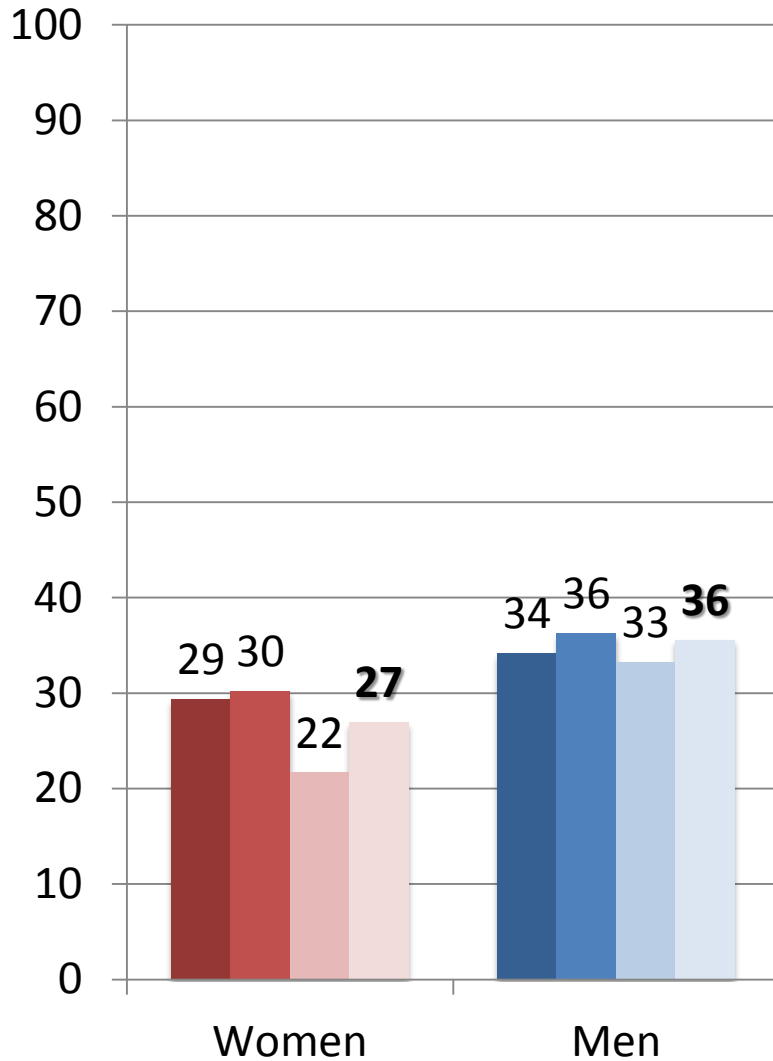




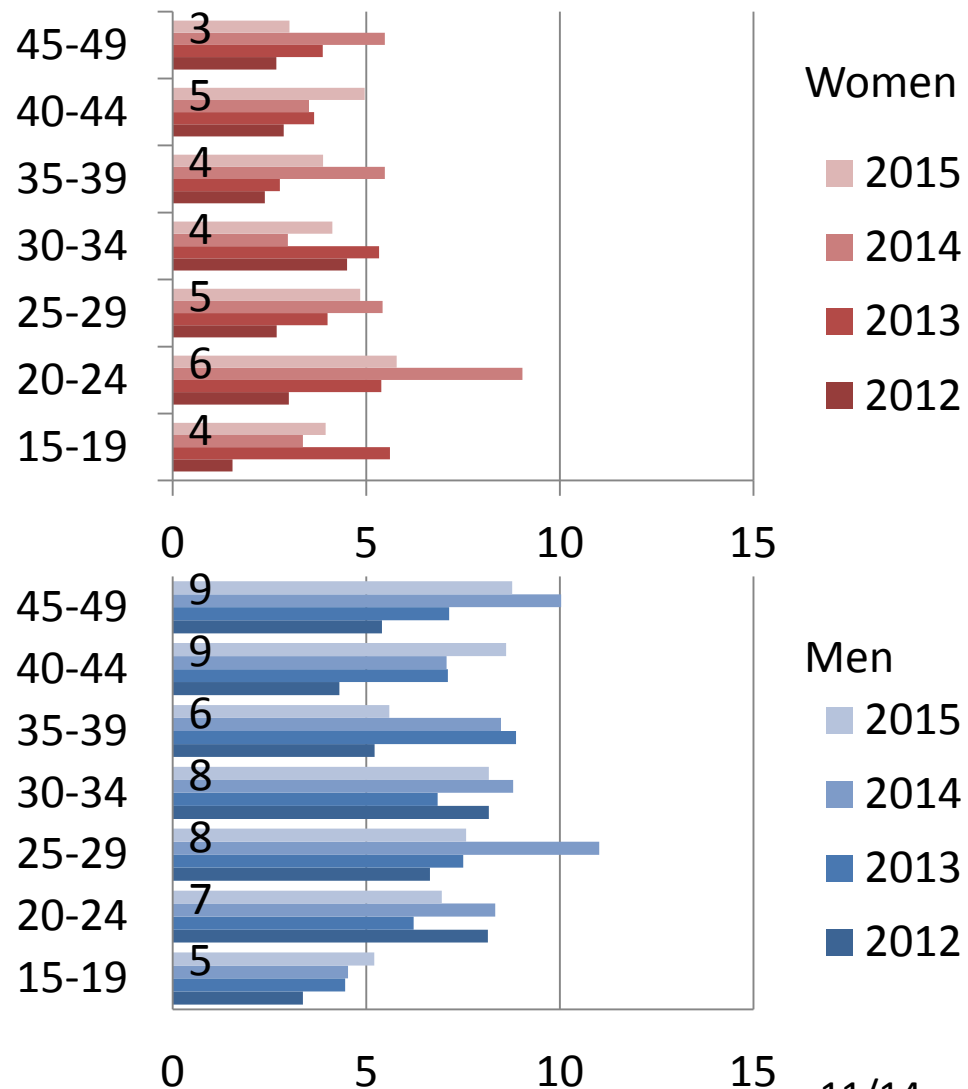
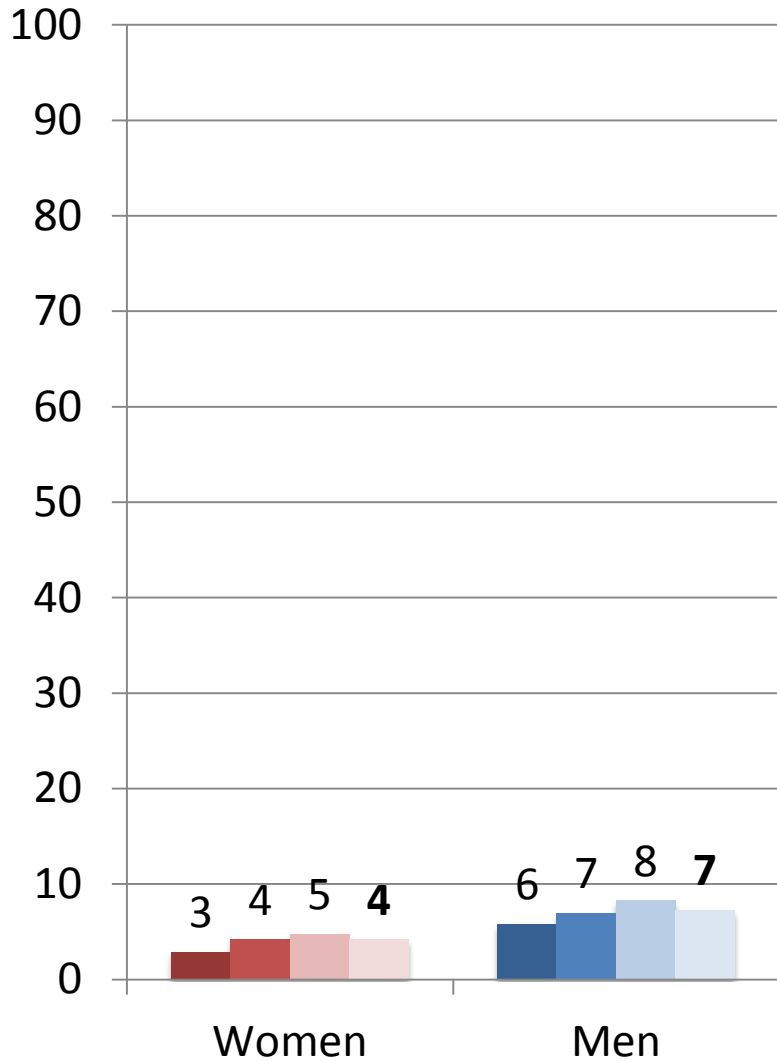
# Viral Hepatitis (% HIV tested)



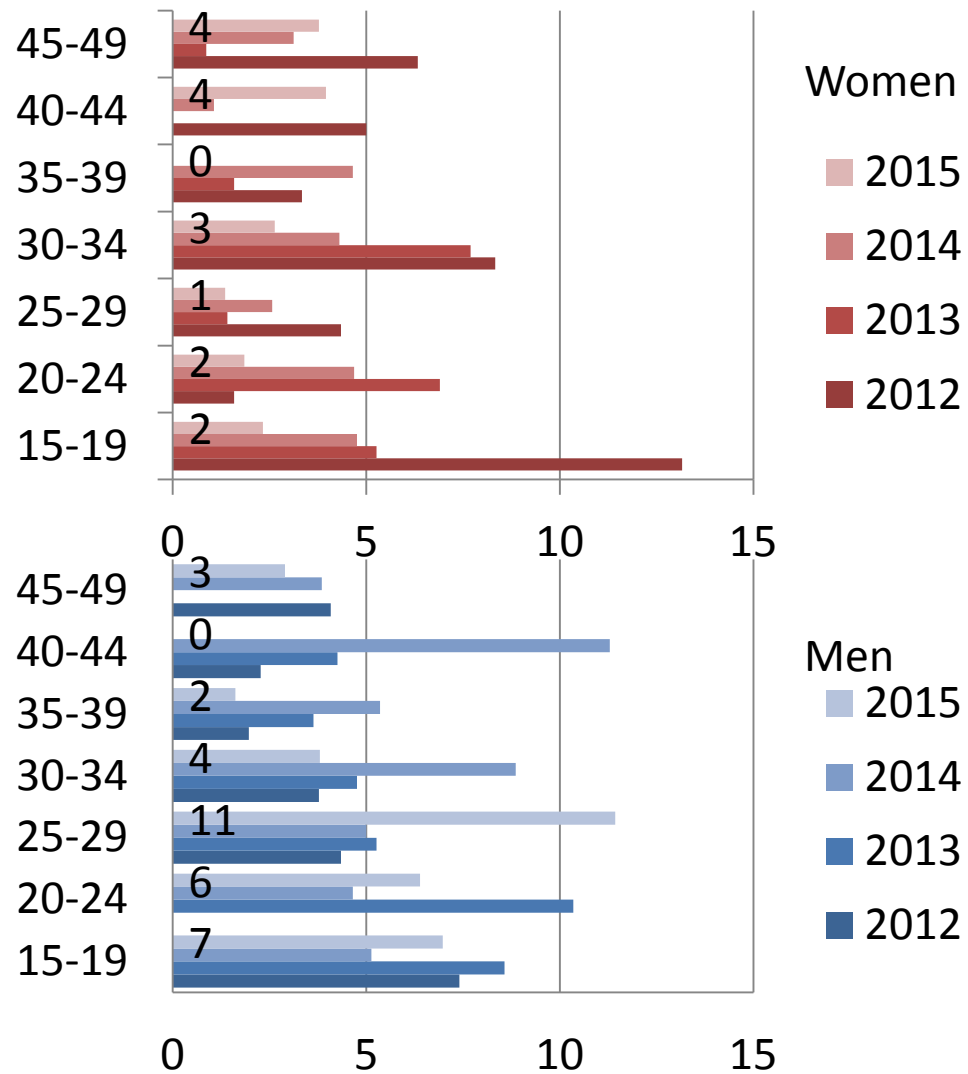
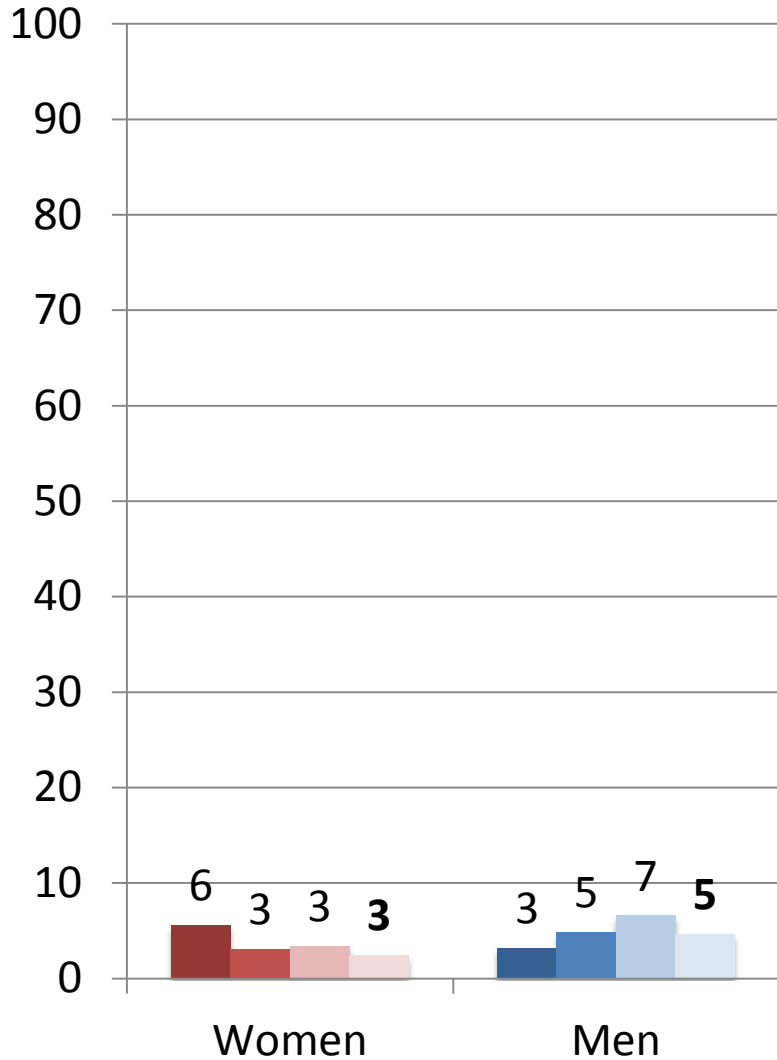
# Infectious mononucleosis (% HIV tested)



# Pneumonia (% HIV tested)



# Herpes zoster (% HIV tested)



# Challenges

- 7% tested anonymously were referred by a doctor
- Cost of the test from provider's general budget
- Educating medical personnel on IC based testing
- HIV test coding in EHIF database

# Conclusions

1. IC based HIV testing is low:
  - ~ 5% pneumonia, herpes zoster
  - ~ 13% STIs
  - ~ 30% viral hepatitis, mononucleosis
2. Men tested slightly more than women
3. Younger people tested generally more
4. No upscale of IC based testing since guidelines
5. Administrative databases good for monitoring