# Country Case Study: Italy





**Arcigay Associazione** www.arcigay.it/





### OVERVIEW

The non-governmental organisations, LILA Milano and Arcigay, conducted a survey to understand availability of HIV self-testing kits in pharmacies based in Italy.

Survey volunteers were recruited at community testing sites.

Most reported a positive experience.

HIV self-tests were available in most pharmacies, but were often not available on shop shelves, or had to be ordered.

### **APPROACH**



Participant volunteers were recruited through community HIV testing sites in Milan.





109 volunteers visited 167 pharmacies across Italy between June-August 2019 to determine availability, location and cost of HIV self-testing, as well as the information provided by the pharmacist and their feelings about the experience.



Self-completed surveys were analysed by Arcigay and Public Health England.

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#### **HIGHLIGHTS**



volunteers reported a positive experience (32% negative & 15% neutral)



COST DIFFERED BY PHARMACY RANGING FROM 18 TO 32€ (AVERAGE 22.5€)



of accessed pharmacies carried HIV self-tests (50% in stock & 30% rapid order)



CONCERNS ABOUT PRIVACY AND STIGMA IN SOME PHARMACIES



of accessed pharmacies displayed HIV self-tests on shop shelves



INCORRECT INFORMATION FROM PHARMACISTS INCLUDED NOT KNOWING ABOUT WINDOW PERIODS FOR TESTS OR NOT SUGGESTING PREP REFERRAL

59%

said they were given good information by pharmacists; (22% - incorrect & 18% - neutral)

#### **LESSONS LEARNED**



HIV self-tests should be easily accessible, immediately available, and visible in shops.



**Vending machines** would allow high level of privacy and 24/7 access.



Training of pharmacists would help them to provide appropriate information.



Arcigay and LILA Milano will engage with Ministry of Health & Order of Pharmacists to discuss the results.